

Individual Statistics - Penalty Cards
 Day 4 after 36 games played - January 13
 Sorted by Team - Shirt #

| Team | Shirt # | Name | Red | Yellow | Green |
|---------------|---------|---------------------|----------|-----------|-----------|
| Ashmoor | 2 | TAYLOR Samuel | | | 1 |
| Ashmoor | 5 | HAMMETT Lewis | | | 3 |
| Ashmoor | 24 | WAKEHAM Sam | | 1 | |
| Beeston | 13 | SUTCLIFFE James | | | 1 |
| Beeston | 24 | WHITFIELD John | | 1 | 1 |
| Beeston | 26 | MALES Morgan | | 1 | 2 |
| Beeston | 29 | WATERSTON JOE | | | 1 |
| Beeston | 32 | CROFT Henry | | 1 | |
| Bowdon | 3 | WILSON Ian (C) | | | 1 |
| Bowdon | 8 | DAWSON-SMITH Richie | | | 2 |
| Bowdon | 9 | EGERTON David | | | 1 |
| Bowdon | 26 | LE PAGE Adam | | | 1 |
| HLM | 2 | HOBBS Jack | | | 1 |
| HLM | 4 | RAI RAUNAQ | | | 1 |
| HLM | 7 | RIDLEY Thomas | | 1 | |
| HLM | 9 | WINTER Archie | | | 1 |
| HLM | 10 | GRAY James | | | 1 |
| Ipswich | 4 | WIID Craig | | | 1 |
| Ipswich | 6 | CUTTING Josh (C) | | | 2 |
| Ipswich | 10 | MACAULAY Max | | | 1 |
| Ipswich | 29 | HALEY Ian | | 1 | 1 |
| Loughborough | 12 | ANSLEY Seb | | | 2 |
| Loughborough | 15 | WILKINS Adam (C) | | | 2 |
| Loughborough | 16 | REINHARD Fabio | | | 1 |
| Loughborough | 22 | COLLINS Murray | | 1 | |
| Loughborough | 24 | KIMBER Evan | | | 1 |
| Olton & WW | 2 | WADSWORTH Tom | | | 1 |
| Olton & WW | 7 | RAWLINGS Chris | | | 1 |
| Olton & WW | 15 | WARD Oliver | | 1 | 2 |
| Olton & WW | 17 | GREEN Josh | | | 2 |
| Olton & WW | 18 | MULLIGAN Ross | | | 1 |
| Reading | 5 | MILLER Adam (C) | | 1 | |
| Reading | 14 | RICHARDS Matt | | 1 | |
| Reading | 17 | HOOPER Ben | | | 1 |
| Reading | 21 | DOLAN GRAY Owain | | 1 | 1 |
| Reading | 31 | FURLONG Gareth | | 1 | |
| St Albans | 3 | COOPER Paul | | | 3 |
| St Albans | 4 | DAVEY Matthew | | | 1 |
| St Albans | 6 | DRAZKOWSKI Bartek | | 1 | |
| St Albans | 9 | BENJAMIN Harry | | | 2 |
| St Albans | 13 | JANISZEWSKI Maciej | | 1 | 1 |
| St Albans | 15 | CHRISTIE Hugo | | | 1 |
| St Albans | 17 | VIJH Ravi (C) | | 1 | 1 |
| Totals | | | 0 | 15 | 47 |